

A Message from Your Lake Arrowhead Dentist:



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New Dental Technology

My last article in "Healthy Living" explored new concepts in Micro-Dentistry brought about by revolutionary changes in dental technology and how "less is more" when we can apply those new techniques and products to improved patient care.

Other Technology News mirrors the explosion in Mobile Apps that we have seen in the last few years giving people around the globe access to information beyond the traditional search engines. Here are several Mobile Apps for dental patients you might enjoy!

American Dental Association (ADA) Symptom Checker:

The ADA's Dental Symptom Checker is designed to help patients understand symptoms they may be experiencing and relate them to possible conditions.

ADA Find-A-Dentist helps them easily locate ADA member dentists and offers useful practice information.

For: iPhone, iPad, iPod Touch, Android devices — Price: Free

DentalDecide:

DentalDecide can be a useful chair side patient education tool for discussing tooth anatomy, oral health conditions and common treatments. The app uses attractive patient-friendly medical images and animations for each topic, and also includes a directory of local specialists.

For: iPhone, iPad, iPod touch — Price: Free

Dental Health:

Dental Health-Patient Health MD (PHMD) is adapted from an interactive patient education book and provides important information about dental disease states. Colorful illustrations and designs complement easy-to-understand text that explains the stages and progression of disease.

For: iPad — **Price: \$1.99**

KidsDental:

KidsDental uses beautiful animation to entertain children while teaching them how to care for their teeth. The app's four sections help kids explore 3D images of teeth, get information about oral health, learn how to develop good habits and input their own dental history.

For: iPad — Price: Free

Another great source of information on dental health, treatment options, and "before and after" illustrations and photography is our practice website: **www.lakearrowheaddentist.com**. Our site also provides information on members of our team, what makes us unique, and the broad variety of dental services we offer. Exploring and adopting new technologies allows us to provide "Progressive dental care that enhances health and changes lives."

Yours for better dental health,

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